



30 June 2024



International  
Headache Society

**10<sup>th</sup> BIENNIAL NATIONAL MEETING ON HEADACHE**  
**22-25 JANUARY 2025**  
**LAZAAT HOTEL AND RESTAURANT**  
**Wood Hill Way, Cottingham, HU16 5SX**

Dear Colleague,

I have pleasure in inviting you to attend the 10<sup>th</sup> Biennial National Meeting on Headache organised jointly by the British Association for the Study of Headache (BASH) and department of Neurology under the auspices of International Headache Society (IHS). The meeting runs for four days, although the first day is an educational event for the specialist nurses and general practitioners and the last day is for patients. The meeting attracts 16 External CME credits by the Royal College of Physicians (code 148501).

Hull meeting is the biggest headache educational event in the UK. In 2023 we had 330 delegates from all over the UK and abroad. This year we will be having the 2<sup>nd</sup> Memorial lecture for Vicky Quarshie, our headache nurse, who sadly died in 2020. This will be delivered by the president of the IHS, Professor Rami Burstein from Harvard Medical School USA.

The meeting is pitched for general practitioners, general neurologists and trainees in neurology and headache. This meeting has been sponsored by Lundbeck and may involve discussion around Lundbeck's products. Refreshments and lunches are free of charge on Thursday and Friday.

The meeting is free to attend, however, the venue can only accommodate up to 350 delegates and it is very likely that the event will be oversubscribed. To guarantee your place, I would advise to reserve as early as possible to avoid disappointment. To guarantee a place, you can pay £ 30 via paypal to [fayyaz.ahmed@nhs.net](mailto:fayyaz.ahmed@nhs.net). The payment would be refunded if you attend and will be credited to BASH if you do not attend. When making a payment choose friend and family so a full refund is given to you.

There will be conference dinner on Thursday, 23<sup>rd</sup> January 2023 at the Lazaat Restaurant open to all delegates to meet and interact with the experts. The cost will be £ 60 payable through paypal.

The venue has ample parking facilities. For more details and to find the facilities for accommodation and train links, please feel free to contact Debbie Buttle, conference secretary who will be more than willing to help you to assist in you attending the programme on [Debbie.buttle@nhs.net](mailto:Debbie.buttle@nhs.net).

Professor Fayyaz Ahmed  
Conference Chair and Past Chair, BASH