

# 10th BIENNIAL HULL-BASH HEADACHE MEETING

# 22-25 JANUARY 2025

**LAZAAT HOTEL AND RESTAURANT**

**Wood Hill Way, Cottingham, HU16 5SX**

## FINAL PROGRAMME

**Wednesday 22nd January 2025**

### 12:00 – 13:00 REGISTRATION

|  |  |
| --- | --- |
| **Chair:**   | Dr Kay Kennis, Bradford  |
| 13:00  | Getting the most out of 10 minute headache consultation  |
|    | Dr David Kernick, Exeter  |
| 13:30  | Expanding role of a headache GPwSI  |
|    | Dr David Watson, Aberdeen  |
| 14:00  | The evidence based treatment of Migraine  |
|   | Dr Modar Khalil, Hull  |

**14:30 – 15:00 Coffee Tea and refreshments**

### 15:00 – 17:00

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| --- | --- |
| **Chair:**   | Ms Siobhan Jones, North Cumbria Integrated Trust  |
| 15:00  | The Injectable treatments of headache (Botox & GON blocks)  |
|    | Dr Sophie Dorsey, Hull  |
| 15:30  | Nurses role in headache research  |
|    | Ms Helen Delrosario, Hull  |
| 16:00  | Headache career pathway for nurses  |
|    | Ms Siobhan Jones, North Cumbria Integrated Trust  |
| 16:30  | Running a nurse lead clinic  |
|   | Ms Juliana Ochulor, London  |
| 17:00  | End of Day 1  |

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## FINAL PROGRAMME

**Thursday 23rd January 2025 Morning Session**

### 08:00 – 09:00 Registration

|  |  |
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|   |  |
| 09:00   | Welcome and Opening Remarks – Professor Fayyaz Ahmed  |
| 09:15  | SECOND VICKY QUARSHIE MEMORIAL LECTURE  |
|    | Professor Rami Burstein, Harvard Medical School, USA  |
| 09:45  | Global Burden of Headache and Lifting The Burden (LTB)  |
|   | Professor Mario Peres, Sao Paolo, Brazil  |
|   |   |
| 10:15  | Pathophysiology of Migraine – current understanding and future  |
|   | Professor Peter Goadsby – Kings College London and UCLA, USA  |

### 11.00 – 11:30 Coffee and Tea

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| **Chair:**   | Dr Brendan Davies, Stoke on Trent, President BASH  |
| 11:30  | Migraine brain – from prodrome to postdrome ?  |
|    | Dr Phil Holland, London  |
| 12:00  | Why women are 3 times more likely to get Migraine?  |
|    | Professor Anne McGregor, London  |
| 12:30  | Migraine therapy – past present and future  |
|   | Dr Mark Weatherall, London  |

**13:00 – 13:45 Lunch**

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## FINAL PROGRAMME

**Thursday 23rd January 2025 Afternoon Session**

**13:45 – 14:30 LUNDBECK SYMPOSIUM**

### 14:30 – 16:00 PRIMARY VS SECONDARY HEADACHES

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| **Chair:**   | Dr Nick Silver, Liverpool  |
| 14:30  | Scanning headache patients – pros and cons  |
|    | Dr Giles Elrington, London  |
| 15:00  | Secondary headaches – finding needle in haystack  |
|    | Dr Anish Bahra, Oxford  |
| 15: 30  | Cluster headaches and TAC – How not to miss them?  |
|   | Professor Manjit Matharu, London  |

**16:00 – 16:30 Coffee and Tea – Presentation of BASH MEDALLION**

### 16:30 – 17:30 TREATING PRIMARY HEADACHES

**Chair:** Dr Stuart Weatherby

16:30 Acute Treatment and Status Migrainosus

 Dr Jane Anderson, Cambridge

17:00 Preventive treatments / Challenging cases

 Dr Gina Kennedy, Sunderland

17:30 DAY 1 CONCLUDING REMARKS

**17:45 - 1900 BASH COUNCIL SOCIAL – COME AND MEET THE COUNCIL MEMBERS**

## 19:30 BASH DINNER (PRE-BOOKED ONLY)

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## FINAL PROGRAMME

**Friday 24th January 2025 Morning Session**

**08:00 – 09:00** **Registration and Coffee**

### 09:00 - 10:30 CSF AND HEADACHE

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| **Chair:**   | Dr Alok Tyagi, Glasgow  |
| 09:00  | Idiopathic Intracranial Hypertension  |
|    | Dr James Mitchell, Birmingham  |
| 09:30  | Spontaneous Intracranial Hypotension  |
|    | Dr Sanjay Cheema, London  |
| 10:00  | Eye masqueraders in headache clinic  |
|   | Prof Susie Mollan, Birmingham  |

**10:30 – 11:00 Coffee and Tea**

### 11:00 – 13:00 HEADACHES – WOMEN AND CHILDREN

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| **Chair:**   | Dr Anna Andreou, London  |
| 11:00  | Treating migraine in menarche, maternity and menopause  |
|    | Dr Shazia Afridi, London  |
| 11:30  | Psychiatric co-morbidities with headache in adolescence  |
|    | Dr Ishaq Abu-Arafeh, Glasgow  |
| 12:00  | Paediatric Headaches – How they differ from adults ?  |
|    | Dr Prab Prabhakar, London  |
| **12:00 – 13:00 Lunch**  |

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## FINAL PROGRAMME

**Friday 24th January 2025 Afternoon Session**

### 13:00 – 15:00 HEADACHE – THE COMORBIDS

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| **Chair:**   | Dr Callum Duncan, Aberdeen  |
| 13:00  | Trigeminal Neuralgia and other Facial Pain  |
|    | Dr Giorgio Lambru, London  |
| 13:30  | Medication overuse headaches  |
|    | Dr Bal Athwal, London  |
| 14:00  | Migraine, Stroke and Elderly patients  |
|    | Dr Krishna Dani, Glasgow  |
| 14:30  | Post-traumatic headaches  |
|   | Dr Paul Dorman, Newcastle  |

**15:00 – 15:30** **COFFE AND TEA BREAK**

### 15:30 – 17:00 LAST BUT NOT THE LEAST

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| **Chair:**   | Dr Diana Wei, London  |
| 15:30  | Headache Quiz – what have I learned in three days?  |
|    | Professor Fayyaz Ahmed, Hull  |
| 16:00  | Innovative therapies in headache – Gadgets and surgical  |
|    | Dr Salwa Kamourieh, London  |
| 16:30  | Vestibular Migraine  |
|    | Dr David Moreno, London  |
| 17:00  | Headache Quiz – Winners!!! and closing remarks  |
|   |   |
|   |  |

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## Saturday 25th January 2025

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| **09:00 – 09:30**  |  | **Registration & Meet the Migraine Trust team**  |
| **09:30 – 09:35**  |  | **Welcome**  |
|  |  | **Rob Music – CEO – The Migraine Trust**  |
| **09:35 – 10:20**  |  | **Headaches – when to worry?**  |
|  |  | **Dr Malika Sarkar, Consultant Neurologist**  |
| **10:20 – 11:00**  |  | **Migraine – What secondary care to offer?**  |
|  |  | **Dr Sophie Dorsey – Consultant Neurologist**  |
| **11:00 -11:30**  |  | **Coffee break**  |
| **11:30 – 12-00**  |  | **Lifestyle and self management of Migraine**  |
|  |  | **Ms Susie Lagrata, Specialist Nurse, London**  |
| **12:00 – 12:30**  |  | **Nurse led headache clinics**  |
|  |  | **Ms Lisa Wilson, Specialist Nurse,**  |
| **12:30 – 13:00**  |  | **Question and Answers (Panel)**  |
| **13:00**  |  | **Close**  |