

# 10th BIENNIAL HULL-BASH HEADACHE MEETING

# 22-25 JANUARY 2025

**LAZAAT HOTEL AND RESTAURANT**

**Wood Hill Way, Cottingham, HU16 5SX**

## FINAL PROGRAMME

**Wednesday 22nd January 2025**

### 12:00 – 13:00 REGISTRATION

|  |  |
| --- | --- |
| **Chair:** | Dr Kay Kennis, Bradford |
| 13:00 | Getting the most out of 10 minute headache consultation |
|  | Dr David Kernick, Exeter |
| 13:30 | Expanding role of a headache GPwSI |
|  | Dr David Watson, Aberdeen |
| 14:00 | The evidence based treatment of Migraine |
|  | Dr Modar Khalil, Hull |

**14:30 – 15:00 Coffee Tea and refreshments**

### 15:00 – 17:00

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| --- | --- |
| **Chair:** | Ms Siobhan Jones, North Cumbria Integrated Trust |
| 15:00 | The Injectable treatments of headache (Botox & GON blocks) |
|  | Dr Sophie Dorsey, Hull |
| 15:30 | Nurses role in headache research |
|  | Ms Helen Delrosario, Hull |
| 16:00 | Headache career pathway for nurses |
|  | Ms Siobhan Jones, North Cumbria Integrated Trust |
| 16:30 | Running a nurse lead clinic |
|  | Ms Juliana Ochulor, London |
| 17:00 | End of Day 1 |

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## FINAL PROGRAMME

**Thursday 23rd January 2025 Morning Session**

### 08:00 – 09:00 Registration

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|  |  |
| 09:00 | Welcome and Opening Remarks – Professor Fayyaz Ahmed |
| 09:15 | SECOND VICKY QUARSHIE MEMORIAL LECTURE |
|  | Professor Rami Burstein, Harvard Medical School, USA |
| 09:45 | Global Burden of Headache and Lifting The Burden (LTB) |
|  | Professor Mario Peres, Sao Paolo, Brazil |
|  |  |
| 10:15 | Pathophysiology of Migraine – current understanding and future |
|  | Professor Peter Goadsby – Kings College London and UCLA, USA |

### 11.00 – 11:30 Coffee and Tea

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| **Chair:** | Dr Brendan Davies, Stoke on Trent, President BASH |
| 11:30 | Migraine brain – from prodrome to postdrome ? |
|  | Dr Phil Holland, London |
| 12:00 | Why women are 3 times more likely to get Migraine? |
|  | Professor Anne McGregor, London |
| 12:30 | Migraine therapy – past present and future |
|  | Dr Mark Weatherall, London |

**13:00 – 13:45 Lunch**

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## FINAL PROGRAMME

**Thursday 23rd January 2025 Afternoon Session**

**13:45 – 14:30 LUNDBECK SYMPOSIUM**

### 14:30 – 16:00 PRIMARY VS SECONDARY HEADACHES

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| **Chair:** | Dr Nick Silver, Liverpool |
| 14:30 | Scanning headache patients – pros and cons |
|  | Dr Giles Elrington, London |
| 15:00 | Secondary headaches – finding needle in haystack |
|  | Dr Anish Bahra, Oxford |
| 15: 30 | Cluster headaches and TAC – How not to miss them? |
|  | Professor Manjit Matharu, London |

**16:00 – 16:30 Coffee and Tea – Presentation of BASH MEDALLION**

### 16:30 – 17:30 TREATING PRIMARY HEADACHES

**Chair:** Dr Stuart Weatherby

16:30 Acute Treatment and Status Migrainosus

Dr Jane Anderson, Cambridge

17:00 Preventive treatments / Challenging cases

Dr Gina Kennedy, Sunderland

17:30 DAY 1 CONCLUDING REMARKS

**17:45 - 1900 BASH COUNCIL SOCIAL – COME AND MEET THE COUNCIL MEMBERS**

## 19:30 BASH DINNER (PRE-BOOKED ONLY)

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## FINAL PROGRAMME

**Friday 24th January 2025 Morning Session**

**08:00 – 09:00** **Registration and Coffee**

### 09:00 - 10:30 CSF AND HEADACHE

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| **Chair:** | Dr Alok Tyagi, Glasgow |
| 09:00 | Idiopathic Intracranial Hypertension |
|  | Dr James Mitchell, Birmingham |
| 09:30 | Spontaneous Intracranial Hypotension |
|  | Dr Sanjay Cheema, London |
| 10:00 | Eye masqueraders in headache clinic |
|  | Prof Susie Mollan, Birmingham |

**10:30 – 11:00 Coffee and Tea**

### 11:00 – 13:00 HEADACHES – WOMEN AND CHILDREN

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| **Chair:** | Dr Anna Andreou, London |
| 11:00 | Treating migraine in menarche, maternity and menopause |
|  | Dr Shazia Afridi, London |
| 11:30 | Psychiatric co-morbidities with headache in adolescence |
|  | Dr Ishaq Abu-Arafeh, Glasgow |
| 12:00 | Paediatric Headaches – How they differ from adults ? |
|  | Dr Prab Prabhakar, London |
| **12:00 – 13:00 Lunch** | |

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## FINAL PROGRAMME

**Friday 24th January 2025 Afternoon Session**

### 13:00 – 15:00 HEADACHE – THE COMORBIDS

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| **Chair:** | Dr Callum Duncan, Aberdeen |
| 13:00 | Trigeminal Neuralgia and other Facial Pain |
|  | Dr Giorgio Lambru, London |
| 13:30 | Medication overuse headaches |
|  | Dr Bal Athwal, London |
| 14:00 | Migraine, Stroke and Elderly patients |
|  | Dr Krishna Dani, Glasgow |
| 14:30 | Post-traumatic headaches |
|  | Dr Paul Dorman, Newcastle |

**15:00 – 15:30** **COFFE AND TEA BREAK**

### 15:30 – 17:00 LAST BUT NOT THE LEAST

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| **Chair:** | Dr Diana Wei, London |
| 15:30 | Headache Quiz – what have I learned in three days? |
|  | Professor Fayyaz Ahmed, Hull |
| 16:00 | Innovative therapies in headache – Gadgets and surgical |
|  | Dr Salwa Kamourieh, London |
| 16:30 | Vestibular Migraine |
|  | Dr David Moreno, London |
| 17:00 | Headache Quiz – Winners!!! and closing remarks |
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**PUBLIC PROGRAMME**

## Saturday 25th January 2025

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| **09:00 – 09:30** |  | **Registration & Meet the Migraine Trust team** |
| **09:30 – 09:35** |  | **Welcome** |
|  |  | **Rob Music – CEO – The Migraine Trust** |
| **09:35 – 10:20** |  | **Headaches – when to worry?** |
|  |  | **Dr Malika Sarkar, Consultant Neurologist** |
| **10:20 – 11:00** |  | **Migraine – What secondary care to offer?** |
|  |  | **Dr Sophie Dorsey – Consultant Neurologist** |
| **11:00 -11:30** |  | **Coffee break** |
| **11:30 – 12-00** |  | **Lifestyle and self management of Migraine** |
|  |  | **Ms Susie Lagrata, Specialist Nurse, London** |
| **12:00 – 12:30** |  | **Nurse led headache clinics** |
|  |  | **Ms Lisa Wilson, Specialist Nurse,** |
| **12:30 – 13:00** |  | **Question and Answers (Panel)** |
| **13:00** |  | **Close** |