



BRITISH ASSOCIATION FOR THE
STUDY OF HEADACHE

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bash.org.uk

BASH Guidelines Launch Meeting

A landmark two-day event for the UK headache community - marking the official publication of the new BASH Clinical Guidelines and offering specialist headache training.

DATE	VENUE
25 - 26 February 2027	Edgbaston Park Hotel, Birmingham

DAY ONE	DAY TWO
BASH Headache Guidelines Launch 08:30 registration · 09:00 start · 17:00 close Faculty Dinner by invitation · 19:00	Headache & Migraine in Secondary Care 08:00 breakfast · 08:45 registration · 09:15 start 16:00 close

DAY ONE BASH Headache Guidelines Launch

08:30 – 09:00 ☕ Registration, Welcome Coffee & Delegate Packs

SESSION 1

Chair: Prof Peter Goadsby

- 09:00 – 09:10** **INTRODUCTION**
Welcome & BASH Rebranding
Official welcome, our brief as an organisation, and a new direction for UK headache care.
Speaker: Prof Alex Sinclair - Consultant Neurologist, BASH Chair
- 09:10 – 09:30** **HISTORY**
The History of BASH & the Journey
A personal reflection on the origins of BASH, the evolution of headache medicine in the UK, and what has brought us to this landmark publication.
Speaker: Dr Mark Weatherall - Consultant Neurologist
- 09:30 – 09:50** **PHARMACY**
Pharmacy's Role in Headache: MOH, Opioids, Sumatriptan & When to Refer
The pharmacist's perspective on medication overuse headache; the risks of opioids and triptans dispensed in primary care; recognising when patients need onward referral.
Speaker: Nikesh Karia - Pharmacist
- 09:50 – 10:20** **PRIMARY CARE**
Primary Care Assessment & Management of Headache
Primary versus secondary headache diagnosis; initiation of preventive therapy; gepants for migraine in primary care; referral thresholds.
Speaker: Dr David Watson - GP with Extended Role in Headache
- 10:20 – 10:50** **SECONDARY CARE**
Secondary Care Role: Reviewing Diagnosis & Treatment of Migraine
What secondary care adds to diagnosis; overview of advanced treatments and combination strategies for migraine.
Speaker: Dr Brendan Davies - Consultant Neurologist

10:50 – 11:15 **Q & A**
Open questions to session speakers - chaired discussion

11:15 – 11:35 ☕ *Morning Break - Coffee & Refreshments*

SESSION 2

Chair: Dr Nicola Giffin

11:35 – 12:05 **CGRP**
Treatment Challenges with CGRP: Clinical Practice Recommendations
Navigating CGRP therapy in complex patients - stroke risk, cardiovascular considerations, blood pressure, and use in the elderly; practical clinical guidance.
Speaker: Dr Gina Kennedy - Consultant Neurologist

12:05 – 12:35 **MEDICATION OVERUSE HEADACHE**
Challenging Medication Overuse Headache
Detoxification strategies and patient support; greater occipital nerve blocks as an adjunct; the role of gepants and CGRP receptor antagonists versus CGRP monoclonal antibodies in refractory MOH.
Speaker: Mrs Susie Lagrata - Advanced Headache Nurse Practitioner

12:35 – 13:00 **Q & A**
Open questions to session speakers — chaired discussion

13:00 – 14:00 🍽️ *Lunch & Networking*

SESSION 3

Chair: Prof Fayyaz Ahmed

14:00 – 14:30 **TACs**
Trigeminal Autonomic Cephalalgias
Clinical features, diagnosis and management of cluster headache, paroxysmal hemicrania, SUNCT/SUNA and hemicrania continua; acute and preventive treatment options.
Speaker: Dr Diana Wei - Consultant Neurologist

14:30 – 15:00 **FACIAL PAIN**
Facial Pain
Differential diagnosis of facial pain presentations; trigeminal neuralgia and other cranial neuralgias; overlap with headache disorders; management pathways.
Speaker: Dr Giorgio Lambro - Consultant Neurologist

15:00 – 15:30 **WOMEN & MIGRAINE**
Migraine in Menses, Pregnancy & Menopause
Hormonal influences on migraine; managing menstrual migraine; safe treatment options in pregnancy and lactation; migraine and the menopause — HRT and beyond.
Speaker: Dr Salwa Kamourieh - Consultant Neurologist

15:30 – 16:00 **VESTIBULAR MIGRAINE**
Vestibular Migraine
Diagnostic criteria and clinical features; the relationship between migraine and vertigo; investigations and differential diagnosis; acute and preventive treatment strategies.
Speaker: Dr Surangi Mendis - Consultant

16:00 – 16:10 **AUDIT**
The BASH Migraine Audit: Awareness, Ambitions & How to Get Involved
An introduction to the national migraine audit - what it aims to measure, why it matters for improving headache care across the UK, and how delegates and their services can participate.
Speaker: Dr Anna Andreou - Senior Lecturer in Neuroscience

16:10 – 16:30 **Q & A**
Open questions to session speakers — chaired discussion

SESSION 4

16:30 – 16:40 **BASH and European Headache Federation (EHF)**
News from the EHF and shared goals with BASH
Speaker: Dr Phil Holland - EHF President (elect)

16:40 – 17:00 **AWARD CEREMONY**
Presentation of the BASH Medal
Presentation of the BASH Medal in recognition of outstanding contribution to headache medicine.
Presented by: Prof Fayyaz Ahmed & Prof Peter Goadsby

16:50 – 17:00 **CLOSE OF DAY ONE**
Summary, Key Messages & Formal Close
Reflection on the day's themes; take-home points from each session; CPD certificates distributed.
Speaker: Dr Alex Sinclair - BASH President

EVENING

Future Headache Leaders Mentoring Dinner

An informal dinner bringing together a small group of future headache leaders with current and former BASH Council members - an opportunity to share experiences, discuss the future of headache medicine in the UK, and build lasting professional connections over a relaxed evening meal.

Places are limited!

Future headache leaders wishing to attend are warmly encouraged to apply via video application. Full details and the application process can be found on the BASH website: bash.org.uk

KEYNOTE ADDRESS

Professor Peter Goadsby

Time: 19:00 **Dress:** casual

DAY TWO

Advanced Headache Management

08:00 – 08:45 Industry Sponsored Breakfast Symposium · All welcome

08:45 – 09:15 ☕ Registration & Welcome Coffee

SESSION 1

Chair: *Dr Rachael Kilner*

09:00 – 09:10 **WELCOME**
Welcome to Day Two
Introduction to the day's programme; overview of sessions and practical workshops.
Speaker: Prof Alex Sinclair - Consultant Neurologist, BASH President

09:10 – 09:25 **MIGRAINE TRUST**
Collaborative working & shared directions
Reflection on a shared vision for UK headache care
Speaker: Rob Music - CEO Migraine Trust

09:25 – 09:55 **A&E**
A&E Assessment: Secondary Causes, RCVS & Dissection
Thunderclap headache - Ottawa rule, LP timing and xanthochromia; systematic approach to secondary headache causes in the emergency setting; reversible cerebral vasoconstriction syndrome; cervical artery dissection - clinical features and management.
Speaker: Dr Anish Bahra - Consultant Neurologist

09:55 – 10:25 **A&E**
Managing Migraine in A&E & Migraine Aura versus TIA
Acute migraine management protocols in the emergency department; IV treatment options; differentiating migraine aura from transient ischaemic attack — a practical framework.
Speaker: Dr Jane Anderson - Consultant Neurologist

10:25 – 10:45 **Q & A**
Open questions to session speakers — chaired discussion

10:45 – 11:05 ☕ Morning Break - Coffee & Refreshments

SESSION 2

Chair: *Dr Nick Silver*

11:05 – 11:20 **SPECIALIST TOPIC**
Spontaneous Intracranial Hypotension: Management
CSF leak presentations; investigation strategy; epidural blood patch and surgical options; complex and refractory cases.
Speaker: Prof Manjit Matharu - Consultant Neurologist

11:20 – 11:35 **SPECIALIST TOPIC**
Idiopathic Intracranial Hypertension
Diagnosis, investigation and long-term management of IIH; acetazolamide, weight management and surgical options; IIH in pregnancy; visual monitoring.
Speaker: Prof Alex Sinclair - Consultant Neurologist

11:35 – 11:50 **SPECIALIST TOPIC**
New Daily Persistent Headache
Diagnostic criteria and clinical features; hypothesised mechanisms; current evidence for management; when to investigate further.
Speaker: Dr Sanjay Cheema - Consultant Neurologist

11:50 – 12:10 **NEUROLOGICAL RARITIES**
Neurological Rarities: Burning Tongue, Red Ear, Eagles, Ice Pick, Nummular, Exploding Head, Orgasmic & Cough Headaches
 A rapid-fire tour of the rarer headache and orofacial pain syndromes — clinical pearls for recognition and management in clinic.
Speaker: Dr Krishna Dani – Consultant Neurologist

12:10 – 12:40 **GENETICS**
Migraine Genetics & Hemiplegic Migraine: Discuss & Treat
 Genetic basis of migraine susceptibility; familial and sporadic hemiplegic migraine - diagnosis, differential, and treatment strategies including emerging options; an overview of relevant conditions including CADASIL, MELAS and cerebral amyloid angiopathy.
Speaker: Dr Sophie Dorsey - Consultant Neurologist

12:40 – 13:00 **Q & A**
Open questions to session speakers - chaired discussion

13:00 – 14:00 🍷 *Lunch & Networking - Faculty-led informal discussion tables*

PRACTICAL WORKSHOPS

Chair & Facilitator: Dr Rebecca Walker

14:00 – 16:00 Three simultaneous rooms, delegates rotate through all three (~38 min per rotation, each beginning with a 5-min introduction).

WORKSHOP A · NERVE BLOCKS	WORKSHOP B · BOTOX INJECTION	WORKSHOP C · NEUROSTIMULATION
<p>Peripheral Nerve Blocks: Practical Techniques <i>5-min introduction: when to use, efficacy & side effects</i> Greater occipital, lesser occipital and supraorbital nerve blocks; sphenopalatine ganglion block overview; supervised injection practice on anatomical models; complications and consent. <i>Facilitators: Dr Nick Silver, Miss Beth Hill, Dr Sophie Dorsey, Dr Diana Wei</i></p>	<p>OnabotulinumtoxinA for Chronic Migraine <i>5-min introduction: when to use, efficacy & side effects</i> PREEMPT protocol; injection sites and technique; anatomy guidance; hands-on practice on models with faculty supervision; patient selection and consent. <i>Facilitators: Dr Mark Weatherall, Mrs Claire Fisher, Prof Fayyaz Ahmed, Dr Gina Kennedy</i></p>	<p>Neuromodulation Devices: Applications & Demonstration <i>5-min introduction: when to use, efficacy & side effects</i> sTMS, nVNS, TENS/Cefaly, remote electrical neuromodulation - evidence and hands-on familiarisation; patient counselling and commissioning. <i>Facilitators: Dr Katy Munro, Dr Salwa Kamourieh, Prof Peter Goadsby, Dr Giorgio Lambru, Ms Susie Lagrata</i></p>

15:00 – 15:15 ☕ *Afternoon Break (between workshop rotations)*

CLOSE OF CONFERENCE

15:45 – 16:00 **CLOSE**
Wrap Up, Thank You & Close of Conference
 Summary of both days; key clinical take-homes; thanks to faculty, sponsors and delegates
Speaker: Prof Alex Sinclair

AbbVie part sponsored this event. AbbVie had no influence or input in the event.