

# 11th Biennial Hull-IHS Headache Meeting

20 – 23 January 2027

Supported by



## DAY 1 : GPs, Acute Physicians, Headache Nurses

<b>PROGRAMME</b>	
<b>08:30 – 10:00</b>	<b>Registration</b>
<b>CHAIR : Dr Kay Kennis, Bradford</b>	
<b>10:00</b>	The holistic approach to headache Dr David Kernick, Exeter
<b>10:30</b>	Headache management: The current guidelines for the UK Professor Fayyaz Ahmed, Hull
<b>11:00</b>	Managing headache/migraine: Children in primary care Dr Katy Munro, London
<b>11:30</b>	Extended role/services by GPwSI in primary care Dr Kay Kennis, Bradford
<b>12:00</b>	Interactive case-based discussion
<b>12:30 – 13:30</b>	<b>Lunch and Networking</b>
<b>CHAIR : Dr Sophie Dorsey, Hull</b>	
<b>13:30</b>	Secondary headaches: A needle in a haystack Dr Anish Bahra, Oxford
<b>14:00</b>	Managing acute migraine & status migrainosus in AMU Dr Jane Anderson, Cambridge
<b>14:30</b>	Injectable treatments for headaches Dr Modar Khalil, Hull
<b>15:00 – 15:30</b>	<b>Coffee / Tea Break</b>
<b>CHAIR : Mrs Helen Delrosario, Hull</b>	
<b>15:30</b>	Beyond the prescription pad: Supporting sustainable lifestyle change in migraine Miss Siobhan Jones, NHS Cumbria Integrated Care NHS Foundation Trust
<b>16:30</b>	Running a 'Nurse led clinic' Mrs Juliana Ochulor, London



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## DAY 2 : Neurologists / Trainees in Neurology

PROGRAMME	
08:00 – 09:00	Registration
09:00	Welcome and Opening Remarks – Fayyaz Ahmed
09:15	THIRD VICKY QUARSHIE MEMORIAL LECTURE Professor Mario Peres, Sao Paolo, Brazil
09:45	Central and peripheral contribution to migraine pathophysiology Professor Rami Burstein, Harvard Medical School, Boston, USA
10:15	Pathophysiology of migraine – current understanding and future Professor Peter Goadsby – King Abdullah University of Science & Technology and King's College, London
11:00 – 11:30	Coffee / Tea Break
CHAIR : Dr Callum Duncan, Aberdeen	
11:30	Migraine brain – What do we know about? Dr Phil Holland, London
12:00	The hormonal minefield Professor Anne McGregor, London
12:30	Medication overuse headaches: The current understanding Professor Patricia Pozo-Rosich, Barcelona, Spain
13:00 – 14:00	Lunch and Networking
CHAIR : Dr Salwa Kamourieh	
14:00	Post-traumatic headache Professor Henrik Schytz, Glostrup, Denmark
14:30	Trigeminal autonomic cephalalgia: The confusing phenotypes Professor Manjit Matharu, London
15:00	Neuromodulation in headache disorders Dr Giorgio Lambu, London
15:00 – 15:30	Coffee / Tea Break
CHAIR : Dr Stuart Weatherby, Plymouth	
15:30	Non-painful symptoms of migraine Dr Nazia Karsan, London
16:00	Medical cannabis in headache medicine Dr Mark Weatherall, London
16:30	Can I have a scan? Dr Giles Elrington, London
17:00	Vestibular migraine Dr Francesca Puledda, London
17:30	Concluding Remarks
19:30	Dinner with IHS Faculty (Pre-Booked Only)



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## DAY 3 : For Primary and Secondary Care Physicians

PROGRAMME	
08:00 – 09:00	Registration
CHAIR : Dr Brendan Davies, Stoke on Trent	
09:00	Idiopathic intracranial hypertension Professor Rigmor Jensen, Glostrup, Denmark
09:30	Spontaneous intracranial hypotension Dr Sanjay Cheema, London
10:00	The National Migraine Audit Dr Anna Andreou, London
10:30 – 11:00	Coffee / Tea Break
11:00 – 13:00	Headaches – women, children and the elderly
CHAIR : Dr Ishaq Abu-Arafeh, Glasgow	
11:00	Treating migraine in menarche, maternity and menopause Dr Shazia Afridi, London
11:30	Paediatric headaches – How they differ from adults? Dr Prab Prabhakar, London
12:00	Migraine, stroke and the elderly Dr Krishna Dani, Glasgow
12:30	Migraine and co-morbidities Dr Mallika Sarker, Hull
13:00	Concluding Remarks and Lunch



## DAY 4 : Public Meeting

PROGRAMME	
09:00 – 10:00	Registration
10:00	Welcome by the CEO Migraine Trust – Rob Music
10:15	Differentiating between innocent and serious headaches Dr Mallika Sarker
10:45	The current treatment landscape in migraine Dr Sophie Dorsey
10:45 – 11:15	Coffee / Tea Break
11:15	How can a headache nurse help? Mrs Helen Delrosario
11:45	Lifestyle modifications Mrs Lisa Wilson
12:15 – 13:00	Interactive question and answers by the Panel
13:00	Concluding Remarks – Rob Music

